

# Losing my Mind

Choreographed by: Audrey Watson

Choreographed to: Lose my mind by The Wanted available from iTunes

32 Count – 4 Wall – Improver dance Start dance 16 Counts after the heavy beat kicks in  
BPM128 NO TAGS or RESTARTS

## SECTION ONE:

½ TURN MONTEREY, TOUCH KICK, BACK ROCK, SHUFFLE

1-2 Point right toe to right side, turn ½ right stepping.

3-4 Touch left toe next right foot, kick left foot fwd.

5-6 Rock back on left foot, recover fwd on right.

7&8 Shuffle fwd on left, right, left.

¼ PIVOT, WEAVE ¼ TURN.

1-2 Step fwd on right foot, pivot ¼ left.

3-4 Cross right over left, step left to left side.

5-6 Cross right behind left, step left to left side

7-8 Cross right over left, turn ¼ right stepping back on left.

BACK ROCK , KICK BALL STEP, STEP TOUCH, LEFT LOCK STEP.

1-2 Rock back on right, recover fwd on left.

3&4 Kick right foot fwd, step down on ball of right foot, step fwd on left foot.

5-6 Step fwd on right, touch left toe next right foot.

7&8 Step fwd on left, lock right behind left, step fwd on left.

FWD ROCK, SHUFFLE BACK, ½ TURN SHUFFLE, ROCK ¼ TURN.

1-2 Rock fwd on right, recover back on left.

3&4 Shuffle back on right, left, right.

5&6 Shuffle ½ turn left, stepping left, right, left.

7-8 Turn ¼ left rocking right foot out to right side, recover on left foot.

START AGAIN

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